FOUNDATION COMMITTEE COMMI

A Lifelong Commitment to Care

Linda Shaw's roots with Washington Health System started at a young age.

Growing up on a dairy farm in Washington County, Linda always knew what she wanted to be when she grew up, a nurse. At 18 years old, she started Washington Hospital's School of Nursing program and graduated two years later in 1972. Linda only took one week off after finishing school and started working at Washington Hospital as a nurse on a cardiac unit. Linda fondly remembers her early years at the hospital, including when the hospital employed elevator operators and you could buy a whole meal in the hospital cafeteria for \$0.53 plus tax!

Linda was the first in her family to receive a college degree. She completed a Bachelor of Science in Nursing two years after finishing her nursing program and continued to work at the Washington Hospital for 42 years total.

Even though she retired, Linda is still playing a vital role in the patient experience at WHS as a Patient and Family Centered Care (PFCC) volunteer.

"The best part of my job was talking to the patients." Linda still does what she is passionate about by having meaningful conversations with WHS patients and their families. While Linda admits to being an introvert, she said she has "no trouble talking to patients" and listening to their needs.

Stacey Rush, Director of Patient Experience, oversees PFCC volunteers like Linda.

Stacey shares, "Linda was one of my mentors when I first started here 26 years ago. I have worked with her in several different capacities over the years. I was so excited when she wanted to come back and volunteer! She is a dear friend and is a great asset to our organization... She is patient, kind and compassionate with the patients, families and staff. She visits patients for us weekly and always takes time to listen and provide them comfort. Linda along with our other PFCC Advocates and volunteers are such a valuable part of our team. They are another set of eyes and ears for us to help provide the best possible experience for our patients and families."

Linda is also impacting her community by supporting Washington Health System Foundation with a monthly gift. When asked why she chooses WHS with so many other great organizations to support, Linda simply stated, "I've worked here so long, enjoy what I do and it's a good organization to support."

Each month the Foundation sends Linda an envelope in which to conveniently return her donation.



You can give back in multiple ways like Linda. Becoming a volunteer is easy; visit whs.org/volunteers to learn more. You can also start giving a recurring monthly gift like Linda by simply filling out our convenient online form

at whs.org/foundation and clicking the "Donate Today!" button.





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Letter from the Executive Director

Thank you for choosing Washington Health System to receive your healthcare and for choosing to donate to the WHS Foundation!

When you give your time, talents and treasures to a non-profit organization, you are acting as a philanthropist. In this issue of the Foundation Insider, we feature several philanthropists who are helping make a difference in the lives of our community.

Linda Shaw is a great example of a local philanthropist. She feels strongly about giving her time and treasure and has formed a deep connection with WHS and our patients.

In addition, we want to thank several of our partner organizations, the NiSource Charitable Foundation and Columbia Gas for their significant contributions to our Patient Assistance Fund and Range Resources for holding the Community Spotlight Project competition, which won us a \$10,000 grant for the Children's Therapy Center.

As you will see, there are many ways to give back to WHS. Bill Allison describes his connection to WHS and why he chooses to use his IRA to transfer gifts to the Foundation.

I realize there are many changes on the horizon for our health system, but the WHS Foundation's mission to foster philanthropic relationships and support WHS's commitment to healthier communities will not change. We will continue to raise money for our under-resourced patients. Current and future donations to the Foundation will remain in Washington and Greene County.

This year I am choosing to embrace the world around me and embrace the change. I ask you to join me in enthusiastically supporting WHS and the Foundation. Our future is exciting, and I anticipate many opportunities for our community.

Thank you for all you do for our patients, their families and our care team.



Sincerely,

Sara Schumacher, CFRE Executive Director

Sara Schumacher

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In October, the NiSource Charitable Foundation and Columbia Gas awarded Washington Health System Foundation with \$5,000 for the Patient Assistance Fund! The Patient Assistance Fund assists patients who are uninsured, under-insured or under-resourced. This includes assistance with transportation, prescription medication costs, durable medical equipment (walkers, oxygen, etc.) and clothes from our Clothes Closet.

NiSource established the NiSource Charitable Foundation with a mission to help create strong and sustainable communities where their employees and customers live and work.

In close collaboration with NiSource employees and community partners, NiSource Charitable Foundation seeks opportunities to provide funding and encourage volunteer support for non-profit organizations in multiple areas, such as basic needs and hardship assistance.







With over 400 votes, WHS Children's Therapy Center (CTC) won the Range Resources Community Spotlight Project! Thank you to all who voted. And a huge thank you to Range Resources for including us in this contest and generously awarding us with a \$10,000 grant.

This grant will be used to purchase equipment to help us better serve our children, including two pediatric-sized treadmills (one for the Washington location and one for the McMurray location). A pediatric treadmill is designed specifically for children. Its belt is narrow, it has a true 0 mph start and it increases in speed in 0.1 mph increments. It also changes in elevation up to a 15% grade. The narrow belt allows us to wheel our lift system overtop the treadmill to use with children who are unable to stand on their own or are relearning to walk after injury or surgery and have weightbearing restrictions. The treadmill will be used for children with strength and endurance deficits, children who need coordination training and children who need to be able to ambulate safely at various speeds and elevations.



How One Man's IRA Helps WHS Build Healthier Communities

Bill Allison made his first gift to The Washington Health System Foundation in 1992. And if you ask him why, Bill will tell you it "has been easy for me to make the decision to give because of the good people at the Health System and the excellent doctors who take care of my family and me."

Bill grew up in Washington and retired as a partner in the law firm Speakman, Riethmuller & Allison. He has served on various non-profit organization boards such as Rotary of Washington, the Bar Association the Bradford House Historical Association, and the Washington Cemetery. He has a sense of pride when talking about the impact of these organizations.

Bill not only volunteers his time, but he gives generously as well. Bill had been making cash contributions to the WHS Foundation and other non-profits for decades. His wife, Colleen, worked at WHS for 40 years before passing away in 2017. His loyalty to the Health System remains.

The way a person gives varies depending on their circumstances, their intentions, their desire to create a legacy after they pass on and of course, their age.

In Bill's case, he distinctly remembers turning 70 ½ years old because that is when his Certified Public Accountant recommended that instead of writing checks directly to a charity that he give through his IRA and do a "rollover."

Bill said he learned he can give through his IRA directly to the charity and receive a tax break. These funds go to the charity rather than to him, and then he doesn't have to claim these distributions as income.

Bill went on to share that when he turned 72 ½, he knew he would need to take his Required Minimum Distribution (RMD) from his IRA. Bill explained, "that RMD is income I don't immediately need, and this is a way to give to my favorite charities and pay less taxes."

Bill makes all his charitable contributions through his IRA using his RMD. "My sense is some people aren't taking advantage of this way of giving, and they could be helping a charity and personally benefitting by paying less taxes. It does take a small amount of planning and forethought; however, I make a reminder in my calendar for each September to look at my distributions and the charities I want to support," Bill said.

The WHS Foundation is one of Bill's charities of choice that benefits from his IRA Rollover Distribution. He said it is a worthwhile organization, and a great health system.

"I encourage anyone who is required to take distributions from their IRA to look at their giving options. It makes great sense to utilize your IRA if you have one and rollover those funds directly to a charity. The process is simple, and the Foundation does a great job," Bill said. (Prospective donors should consult their tax advisor or a professional with respect to the charitable RMD process.)

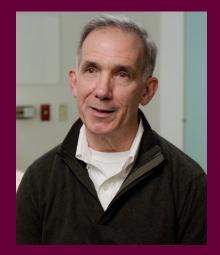


Gratitude. It's a powerful word. Every day, we witness extraordinary acts of compassion, resilience and healing within our walls. Behind each success story is a dedicated team of healthcare professionals committed to providing exceptional care to our patients.

"Washington Hospital has literally saved my life on multiple occasions," says Tom Northop, WHS patient and former Washington Health System Board Chairman. Supporting quality healthcare close to home has been important to Tom and his family for generations. Countless other members of our community share a similar depth of gratitude for their experiences with the WHS.

Now, we invite you to join us in honoring those who have made a difference in your life or the lives of your loved ones with a contribution to the Washington Health System Foundation. Simply visit whs.org/thankyou to make a gift in honor of your care team and leave a thank you note.

Gratitude is not merely a sentiment – it's a powerful force that enriches both the giver and the receiver. Through your generous support, you can not only acknowledge the exceptional care provided but also ensure its continuation for other members of our community in their times of need.



"Washington Hospital has literally saved my life on multiple occasions."

- Tom Northop, WHS patient and former Washington Health System Board Chairman



Scan the QR code to watch Tom share his experience as a grateful patient at WHS.

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