

FOUNDATION insider

Joan Griffin Lived Her Best Life Thanks to Support From Washington Health System

It was the fall of 1996 when Joan Griffin began to experience dizziness. Her driving became impaired, leading to automobile accidents. Walking became difficult, and Joan's once meticulous handwriting became messy. Her soft voice became a whisper, and difficulty swallowing left her not wanting to eat. She didn't understand how she could go from being active and independent to needing assistance managing basic daily tasks. She wanted answers.

Joan received those answers after a visit to the National Institutes of Health, where she was diagnosed with Multiple System Atrophy (MSA), a rare neurological disorder. MSA affects autonomic functions like breathing, blood pressure, and motor control and shares characteristics with Parkinson's disease. With no cure and a poor prognosis, Joan's son Bob encouraged her to rest, but she had other plans.

Not long after her diagnosis, Joan learned of WHS's Parkinson's support group. She started attending meetings and felt encouraged by the fellowship of others facing similar challenges. The friendships she developed and the laughs she shared were just as therapeutic as learning healthy tips and techniques to manage symptoms.

Joan received excellent care and attention from her primary physician, WHS Internal Medicine physician James Krebs, M.D., who managed her disease progression. She received physical therapy at WHS Wilfred R. Cameron Wellness Center, which slowed her muscle and motor skill loss. As her illness progressed, the staff at Donnell House provided her with end-of-life care.

In 2002, Joan returned home once more with Bob and his sister by her side. **"She passed with peace, dignity, and love,"** Bob says. **"We were extremely fortunate to have WHS there for Mom and us every step of our journey."**



SPRING 2023



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Letter from the Executive Director

As a donor and supporter of the WHS Foundation, YOU make an impact as we connect your giving and serving heart to the needs of our patients in the health system.

This Foundation Insider highlights many direct donor impact stories. Please read about Bob and Joan Griffin, Jeremy Dudczak and Mindy Zatta, The Washington Hospital Auxiliary, and more and connect with our patients' needs.

In addition, the impact report included in this issue also highlights the health system and the foundation, giving you further insight into your investment in the health of our community.

Lastly, we recognize and thank The Washington Hospital Auxiliary Members, present and past, for their commitment to the hospital for 100 years! The impact of this dedicated and humble group is more than can be quantified in any report or story. They helped build the hospital and continue to be an important part of the local healthcare you have come to know and rely upon in our community. Thank you to all the volunteers for all you do each and every day!

We are grateful to you for your ongoing support!

Sincerely,



Sara Schumacher, CFRE
Executive Director



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Commitment to Patient and Family Centered Care

Patient and Family Centered Care (PFCC) partners with patients, families, and community members to help improve the healthcare experience by shaping policies, programs, facility design, and daily interactions.

PFCC offers many resources, such as:



Caring Angels: A volunteer program that provides the reassuring presence of a Caring Angel to dying patients who would otherwise be alone.



Veteran Appreciation: On Veterans Day, PFCC distributes hats to patients, staff, and visitors who are Veterans as a special way to honor them.



Clothes Closet: Patients receiving care are sometimes in situations where they do not have clothing upon discharge from the hospital. Some patients arrive in the Emergency Department with wet clothing, clothing inappropriate for the weather, or no clothing at all. The WHS Clothes Closet provides these patients with warm outfits to wear during their stay and when discharged.

Monetary support is necessary to keep enough supplies to meet the demand for this resource at TWH and WHS Greene.

Here are a few real-life examples of how your \$30 gift helps:

- A Case Manager for the Emergency Department came in for an elderly male patient who had no family and was being discharged to Hospice. The Clothes Closet provided him with clothing so that he did not have to arrive at the hospice facility in a gown.
- A 67-year-old female patient was discharged to a rehab facility. Her 87-year-old mother was coming to get her. While the mother was en route, the patient had an accident and needed a pair of pants. The staff felt it was too much to ask the 87-year-old woman to turn around and drive back home to get her daughter a clean pair of pants. The Clothes Closet provided a couple of clean sweatpants for our patient. Both the patient and her mother were shocked and grateful.
- A homeless man arrived at our Emergency Department in the frigid cold. His feet were frostbitten and covered with sores. His boots were broken down, and his skin was showing through. We provided him with a pair of Felt Pac boots and new socks so that he would be warm.



TWH Auxiliary Celebrates 100 Years of Service!

The Washington Hospital Auxiliary is celebrating 100 years of service to our patients, hospital, and community. Started in November 1923 by a small group of women who saw a need to support a growing and vital hospital; they formed a Women's Auxiliary of Washington Hospital. Early volunteers sewed surgeon's caps and patient curtains, donated excess produce to provide nutritious meals to patients, and canned and processed vegetables and jams. Countless fundraisers, as well as fundraisers, grew the ranks to **over 600 volunteers actively working for the betterment of the hospital.** Volunteers were vital in providing that extra touch to patients and staff. These selfless women, and now men, give their time and treasure in supporting the hospital's mission.



Volunteers work every day of the week in both clinical and non-clinical areas of the hospital and at satellite locations. With their cherry red jackets, welcoming smiles, and willingness to help whenever and wherever needed, our volunteers are proudly stepping into another century of service to the hospital. You will see many community activities this year featuring and recognizing our volunteers.

Please thank our volunteers and those who came before them for helping improve a place we call home. **And cheers to another 100 years!**

TWH Auxilliary Fulfills \$450,000 Pledge

The TWH Auxiliary presented the WHS Foundation with a check for \$110,000 as a final payment towards their \$450,000 pledge to purchase the new 3D mammography machine in use at Meadows Landing. This final payment reflects the volunteers' ongoing work every day, raising funds through the gift shop, hosting raffles, and assisting with vendor sales. This final payment was paid early because of the volunteers' success with their fundraising efforts—**our heartfelt thanks for their unwavering dedication to our organization.**

"I am happy to report we paid off this pledge early and are looking forward to the next projects in which we can help," said WHS Auxiliary President, Marlene Rhoades. On November 3 2022, the Auxiliary voted to pledge \$300,000 to purchase:



60 patient (over-the-bed) tables



Three transport monitors



Two ultrasound machines for challenging IV insertion



One portable x-ray machine



Two CT unit power injectors



TWH Auxiliary President, Marlene Rhoades, presents WHSF Executive Director, Sara Schumacher with the final payment for their \$450,000 pledge to purchase a new 3D mammography machine.

Patients Give Back by Honoring Their Physician on National Doctors' Day

Each year, on March 30, the nation celebrates National Doctors' Day. Many Washington Health System patients shared notes of appreciation for their physicians. This display of gratitude increases employee satisfaction and retention, improving the strength of the health system as a whole. Here are just a few of those generous notes:

"Thank you for always having an understanding ear and a positive attitude toward helping others. It's a pleasure to know you."

"Thank you for being such a great doctor and taking good care of me."

"Thank you for being such a caring doctor and always making me feel that you are concerned with my care."

"Thanks for being such a kind and considerate doctor in addition to making your patients feel at ease. I really do appreciate you as my doctor. You're very easy to talk to."





1897 Society Member Spotlight Mindy Zatta and Jeremy Dudczak

Tell us a little about yourselves.

I was born and raised in Washington, and Jeremy and I reside in the Borough of East Washington. Jeremy is originally from the Oakmont Verona area. As a Private Wealth Advisor, I have devoted my 20+ year career in the financial services industry to helping my clients navigate the complexities of their financial lives, serving as their trusted advocate and a knowledgeable resource.

I am a lifelong learner and blessed to be in a career where you can never stop learning. I earned my B.A. in Economics and Women's Studies from Denison University. After completing my Master of Business Administration at Waynesburg University, I earned the CERTIFIED FINANCIAL PLANNER™ (CFP®) designation and the Chartered Retirement Planning Counselor (CRPC®) designation. Most recently, I earned the Behavioral Financial Advisor (BFA) designation.

Jeremy and I are long-time Wilfred R. Cameron Wellness Center members and have always focused on improving our health. I am an avid runner and love participating in various programs at the Wellness Center. Family means everything to us, and our home often serves as a hub for family get-togethers, where we get to adore our beloved nieces and nephews. Our connection to our community and the people within it is strong, as our local roots run deep.

When/why did you first become involved with WHS? How did you first become involved with the 1897 Society?

My family and I have been receiving care from WHS and benefiting from the multitude of services WHS offers for our entire lives. I was invited to join the WHS Foundation Board in 2018 and immediately stepped onto the Investment Committee, given my skillset and career in financial planning. Shortly after, I became the chair of the Investment Committee.

Upon joining the board, Jeremy and I decided we wanted to support WHS on a higher level. After speaking with Sara Schumacher, we decided to join the 1897 Society. This was more than a financial commitment for us; it was about being involved in and committed to an organization that does so much for our community and its people. Being a part of 1897 has been very rewarding and has allowed us to deepen our connections to WHS and the amazing people connected to and within the organization.

What other organizations are you involved with?

We are deeply involved in our community and fully believe in the

importance of giving back. In addition to being on the WHS Foundation Board, I currently serve on the Washington County Hospital Authority, the Washington Area Humane Society Board, and Waynesburg University's Business Advisory Board.

At Washington County's annual ATHENA Award Ceremony, I'm blessed with the ability to award scholarships to young women pursuing an undergraduate degree in a business discipline at my MBA alma mater, Waynesburg University. Awarding these scholarships allows me to recognize and honor these young women and their accomplishments and highlight and promote the financial services industry and bring awareness to the underrepresentation of women in an effort to bring about change.

In recognition of my service to the community and dedication to my profession, I have also been honored as a past finalist of Washington County's prestigious ATHENA Award.

Jeremy and my volunteer efforts with charitable organizations include the American Cancer Society, RELAY for Life, Make-A-Wish Foundation, and Dress for Success.

As active members of the community and so many great organizations to support, why do you choose WHS?

WHS has taken care of our family for our entire lives. The doctor who delivered my mother at Washington Hospital had to leave the WHS Charity Ball in December 1951 to deliver her. Our connection and roots run deep with this amazing organization, and it is evident that WHS is always seeking to improve and serve our community better. So why wouldn't we support an organization that has given so much to the Washington community and us?

What do you think other people should know about WHS/1897 Society?

For us, this is about supporting and being connected to an organization that directly and immediately impacts our community's care and health. The level of commitment and care we have experienced firsthand at every level at WHS, from leadership to direct patient care, has been exemplary. We are honored to support WHS and its mission to provide great patient care.



This was more than a financial commitment for us; it was about being involved and committed to an organization that has done so much for our community and its people.

Being a part of 1897 has been very rewarding and has allowed us to deepen our connections to WHS and the many amazing people connected to and within the organization."



For more information about the 1897 Society, please contact the Foundation at 724-223-3875 or foundation@whs.org.

You can also scan the QR code to the right with your smartphone camera, or visit whs.org/1897.



WHS Foundation Executive Director Receives Outstanding Fundraising Executive Award

Each year the Association of Fundraising Professionals (AFP) recognizes National Philanthropy Day with an event in November. The Western PA and West Virginia AFP Chapter celebrate philanthropy and honor giving, volunteerism, and charitable engagement throughout these communities by recognizing the Outstanding Philanthropist, Adult Volunteer, Youth Volunteer, Lifetime Achievement Award, and Fundraising Executive.

WHS Foundation Executive Director, Sara Schumacher, received the Outstanding Fundraising Executive Award on November 17, 2022, at the LeMont Restaurant. Sara has been a professional fundraiser for more than 20 years. **Congratulations, Sara!**



Pictured left to right: Daughter Taylor, parents Jean and Bill Cline, Sara Schumacher, daughter Quinn, and husband Billy.

Making an Impact in 2022

Washington Health System Foundation helps financially support Washington Health System, a non-profit integrated healthcare system that depends on the community's charitable giving to fulfill its mission to provide great patient care. Because of you, we remain an independent health system that provides quality healthcare to our community. **Thank you for impacting patients' lives, healthcare professionals, WHS team members, and the Washington and Greene County communities through your giving in 2022.**

Take a look at just a few of the ways Washington Health System Foundation created change in 2022:

Community Benefits



182

Patients provided with transportation



40

Patients assisted with medication costs



10

Patients given durable medical equipment



1,347

Clothing items donated to patients

Educational Impact

28 WHS School of Nursing graduates

12 WHS School of Nursing scholarship recipients

15 Medical Assistant in Training Program graduates

04 Phlebotomy in Training Program graduates

\$6,872

Scholarship funds awarded to employees through donor designations

100%

NCLEX First-Time Pass Rate reported by the National Council of State Board of Nursing (NCSBN)



Want to learn more about the ways Washington Health System Foundation impacted our community in 2022? Scan the QR code with your smartphone camera or visit whs.org/impactreport to view the full 2022 Impact Report.



Ways to Give

Your gift has an immediate impact on our community's essential healthcare. Your gift provides resources for Washington Health System's current needs and opportunities. You can also choose to give to a specific program, including WHS Greene, or make a gift in memory or honor of a loved one.

Giving Option	Next Steps
Recurring, monthly giving	Visit www.whs.org/GiveNow .
Employer matching gifts	Submit your employer's matching gift form to WHSF.
Appreciated stocks and securities	Contact WHS Foundation at 724-223-3875 for transfer information.
Donor Advised Fund grant	Visit plannedgiving.whs.org .
Qualified Charitable Distributions from your IRA at age 70 1/2 or older	Seek the advice of your financial or legal advisor.
Planned giving vehicles, including those that can provide income to you in your lifetime	Contact WHS Foundation at 724-223-3875 or foundation@whs.org to chat more about the different giving options.
Bequests	Consider including WHSF in your will.

The impact of your gift supports programs and essential equipment such as:

Patient Assistance Fund

When patients have run out of all other options, they either go without their medications or durable medical equipment or delay treatment. The Patient Assistance Fund helps provide transportation home from the hospital, clean clothes from our Clothes Closet, and medication assistance.

Teen Outreach

Teen Outreach envisions a community in which young people are respected and embrace mental and physical well-being. Teen Outreach provides innovative, youth-focused education that empowers young people to reduce their risk. Your gift provides food at the Common Ground Teen Center, a Thanksgiving and Christmas meal for teens, and funds for their annual youth conference hosted by Washington & Jefferson College.

Radiology Needs

The Radiology department is seeking to replace outdated equipment and provide better patient care through new technology, such as a 3D ultrasound machine at Peter's Township Imaging Center. A portable X-ray unit is also needed on all nursing floors, in the emergency room, operating room, recovery rooms, and critical care unit. This equipment helps save lives.



Thank you for your generosity to Washington Health System!



In Memory Of

January 1, 2022 - December 31, 2022

Aunt Ruth

Mrs. Maxine Steiner

Dad

Ms. Jessica Withrow

Grandparents

Dr. and Mrs. Michael D. Faust

Mother, Father, and Brother Jess

Ms. Pat Braddock-Steiner

My Parents

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