

**Is it free?** Yes, it's absolutely free. For hospital records and testing done at within the health system, you can sign up by scanning the QR code below or visit [washingtonhealthsystem.followmyhealth.com](http://washingtonhealthsystem.followmyhealth.com) or visit your app store (Apple or Google Play) and search for the app called "FollowMyHealth" to access this from your phone or personal device.

**Is it safe/secure?** Yes, it is password protected and no one can view your information without the password. It's protected by an SSL security certificate similar to signing into your online bank account

**What type of information will I have access to?**

- Summary of your recent hospital visit
- Conditions from recent inpatient stay
- Home medications
- Allergy list
- Information and education provided to you during your hospital stay
- Lab results, imaging studies and pathology reports
- Care provider notes and procedure notes

**How quickly will I see this information?** The reports are sent to the portal as soon as they are finalized by the reviewing or ordering provider.

**Will I see the results before my provider does?** Many times, yes. Because these results are released immediately once they are finalized, it is very possible that you will see a result before your provider has had an opportunity to see it. This may mean that you may see difficult to understand or upsetting information, or perhaps even a diagnosis that you were not expecting. You may wish to not review these results until your provider contacts you directly. It is important to understand that your provider will discuss all relevant information with you when he or she has had the opportunity to review it. This may require additional office visits, televisits or consultations to provide you with the most comprehensive care for your medical needs.

**Do you still give me printed copies of my discharge papers?** Yes, we will still provide you with printed discharge papers. The online portal is an easy online version of those items that you can use to manage your own care.

**Can I see my health record from my physician's office as well?**

There is a separate portal that will allow you to view your health records from your physician's office, including results, immunizations, education, medications, messages, and more. Speak with your WHS provider's office to get more information or to sign up for this portal.

**My spouse and I have the same e-mail address. Can we both use the same e-mail account?**

Yes, you and your spouse can share an email. If your email is used as the username the spouse will need to create a different username.

**Can I obtain a complete copy of my medical record through the portal?**

If you are in need of your complete record, please call the Medical Records Department at 724-223-3160.

**Sign up for the Follow My Health Patient Portal today.**

Note: After registering, the portal takes approx. 24-48 hours to activate your account.

