



**WASHINGTON HEALTH SYSTEM**

**Children's Therapy Center**

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## Need therapy for your birth-3 year old? We can help!

Looking at the options for therapy for a young child can be overwhelming. You may have heard about early intervention or clinic-based services. Often, medical professionals will refer to one and not the other, which can be confusing for families. There are differences between clinic-based and at-home early intervention services that the chart outlines below.

	Clinic-Based Services	Early Intervention
What is the focus of therapy?	<ul style="list-style-type: none"><li>Address medical needs /limitations of the child to allow for improved access and performance in a child's daily and community environments.</li></ul>	<ul style="list-style-type: none"><li>Assist child/family in participation and access to functional daily activities in natural environments.</li></ul>
Who is eligible to receive these services?	<ul style="list-style-type: none"><li>Children with a variety of impairments or functional limitations</li></ul>	<ul style="list-style-type: none"><li>Children with a 25% delay in an area of development and/or a medical diagnosis that has a high probability for developmental delay</li></ul>
Who pays for these services?	<ul style="list-style-type: none"><li>Services are paid through insurance (i.e. Medicaid and commercial insurances). Based on your insurance coverage there may be a co-pay.</li></ul>	<ul style="list-style-type: none"><li>Services are provided at no cost to the family.</li></ul>
How long can my child receive these services?	<ul style="list-style-type: none"><li>As long as services are medically necessary and your child qualifies based on insurance. Typically pediatric therapy ranges from birth up to 18 years old.</li></ul>	<ul style="list-style-type: none"><li>Up until your child's third birthday. At this time if your child would continue to benefit from services they will go through a transition to clinic and/or school based services.</li></ul>
How do I get started?	<ul style="list-style-type: none"><li>Talk to your pediatrician or call a clinic directly to set up an evaluation.</li></ul>	<ul style="list-style-type: none"><li>Talk to your pediatrician or go to <a href="http://afit.org">afit.org</a> to find out more information on how to set up an evaluation.</li></ul>

**Now the best news... You don't have to choose! You can elect to do BOTH early intervention and clinic based services.**

**If you decide clinic-based services might be right for your child or you have further questions about clinic-based services, Give Us a call!**

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