



At WHS Children's Therapy Center, one of the most important things we do is support parents and caregivers by addressing their questions and concerns. Our therapists specialize in childhood development, and love collaborating with families to promote healthy development at all ages.

If you have questions about something related to your child's development, an evaluation is a great place to start on your quest for answers! Give us a call to schedule an evaluation if any of the concerns mentioned below apply to your child.

|                               | Physical Therapy  | Occupational Therapy  | Speech & Language Therapy  |
|-------------------------------|---|---|--|
| Infants<br>0-12 months        | <ul> <li>A head tilt or only looking to one side</li> <li>A flat spot on the head</li> <li>Delay in milestones: <ul> <li>rolling (6 months)</li> <li>Sitting (9 months)</li> <li>crawling (10 months)</li> <li>pulling to stand (10 months)</li> </ul> </li> </ul>                            | <ul> <li>Difficulty reaching for toys with<br/>both hands</li> <li>Difficulty grasping and releasing<br/>toys</li> <li>Overreacting or underreacting to<br/>sensory stimulus (sounds,<br/>textures, etc.)</li> <li>Feeding difficulties</li> </ul>  | <ul> <li>Difficulty recognizing sound from<br/>toys</li> <li>Doesn't seem to play with toys<br/>appropriately</li> <li>Doesn't respond to their name</li> <li>Swallowing difficulties</li> </ul>   |
| Toddlers<br>12-36 months      | <ul> <li>Not walking by 15 months</li> <li>Walking on tip toes more than 3 months after starting to walk</li> <li>Frequent falling or tripping</li> <li>Difficulty navigating changes in floor surfaces</li> <li>Showing leg preferences with activities like stepping up and down</li> </ul> | <ul> <li>Difficulty with dressing and<br/>undressing themselves</li> <li>Difficulties with self-feeding<br/>(fork/spoon use, adequate<br/>chewing)</li> <li>Limited play skills with toys and<br/>other children</li> <li>Sensory difficulties with food<br/>textures, movement, sounds,<br/>and touch experiences</li> </ul> | <ul> <li>Difficulty following simple 1-2 step directions</li> <li>Not using a lot of new words</li> <li>Doesn't respond to simple questions</li> <li>Difficulty putting multiple words together</li> <li>Difficulty with saying the following sounds within words: p, b, m, h, n, d, and w sounds</li> </ul> |
| Preschool age<br>36-60 months | <ul> <li>Frequent falls or tripping</li> <li>Difficulty with stairs</li> <li>"W" sitting</li> <li>Walking on tip toes</li> <li>Trouble keeping up with other<br/>kids on the playground</li> <li>Difficulty with running or jumping</li> </ul>  | <ul> <li>Picky eater</li> <li>Difficulty attending to tasks</li> <li>Difficulty with school skills such<br/>as: using scissors, holding a<br/>pencil, crayon or marker,<br/>drawing shapes, coloring</li> <li>Difficulty with fasteners:<br/>buttoning buttons, starting a<br/>zipper on a jacket etc.</li> </ul>             | <ul> <li>Friends and family have difficulty<br/>understanding what the child is<br/>saying</li> <li>Difficulty learning new words<br/>quickly</li> <li>Isn't using words like "I, me, you,<br/>in, on , or under"</li> <li>Inability to use 3 word sentences</li> </ul>                                      |

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