

HOW CAN I PROTECT MYSELF FROM COVID-19?

WASH YOUR HANDS!



1 WET
HANDS



2 APPLY
SOAP



3 SCRUB 20
SECONDS



4 RINSE
UNDER
WATER



5 DRY WITH
CLEAN
TOWEL



**CLEAN
HANDS!**

FOR MORE INFORMATION, VISIT:
HEALTH.PA.GOV



pennsylvania
DEPARTMENT OF HEALTH