



# LACTATION PROGRAM

OF WASHINGTON HEALTH SYSTEM

Developed to promote, encourage and support effective breastfeeding for mothers and their babies.

## The Lactation Program provides these **FREE** services:

- Inpatient lactation consultation
- Follow-up phone calls to all breastfeeding mothers after discharge
- A free **Monthly Breastfeeding Support Group** meets on the last Monday of each month (except May and December) from 6:30 pm to 8:00 pm in the hospital's 5E Conference Room on the 5<sup>th</sup> floor. Please register in advance by calling **(724) 250-4476**
- Education and current breastfeeding literature for patients, family and community

The lactation office is located on the 5<sup>th</sup> floor just off the E Wing elevators.

## Retail Services:

Outpatient Lactation Consultation

## Retail Products:

- Pump In Style Breast Pump
- Extra Large Breastshields
- Pump Tubing
- Harmony Breast Pump
- Universal Pumping System
- Supplemental Nursing System
- Nipple Shields

For more information, to schedule an appointment with the lactation consultant or to purchase products, please call **(724) 250-4476**.

*Breastfeeding help is also available for WIC clients at (724) 225-8980 ext 449. Questions will be answered by a certified breastfeeding peer counselor.*